

# ADOPTION AT A GLANCE



## 1. Meet with Us

**You are unique and so are the reasons you may be considering adoption.**

We want to get to know you and your situation during this time. We will help you weigh the pros and cons of adoption and meet with you, as often as needed, to help you make a decision that is best for you and your child.



## 2. Look at Waiting Families

**New Life Adoptions has approved, waiting families who are ready to adopt.**

To determine which adoptive families best fit your adoption preferences, you will share your values, desires for openness in adoption, and other specifics about your ideal family with your social worker. Based on your stated preferences, you will receive waiting family profiles that are a match. You can review and discuss your impressions of each family with us and choose which family(ies) you would like to meet in person.



## 3. Choose a Family

**Once you have selected the family(ies) you would like to meet, your social worker will help you set up a time to meet with them, help prepare you for the meeting, and also be present with you during the initial meeting.**

Meeting families gives you a chance to get to know them before you decide if they are the right family. Once you choose a family, you can continue to get to know them in a way that is comfortable for both you and them while you wait for the baby to arrive.



## 4. Delivery and Placement

**With the help of your social worker, you can decide what your time in the hospital will look like.**

If you desire, the adoptive family may be included in this time. Your social worker will visit you in the hospital, answer any questions you may have and help you navigate your feelings during this time. Once you and the baby are ready to leave the hospital, the baby can go home with the adoptive family. If you need more time to make a decision, New Life Adoptions has licensed families to provide interim care for your child while you continue to meet with your social worker and make a plan.



## 5. Legal Paperwork

**In Minnesota, birth parents voluntarily sign consents to adoption between 72 hours and 60 days after the child is born.**

Once signed, there is a 10 business day period until your consents to adoption are final. During this time, we will continue to provide support as you finalize your adoption decision and your openness agreement with the adoptive family.



## 6. Ongoing Support

**After placement, you will receive ongoing counseling and other post adoption services, as needed.**

These services are available to you whenever a need may arise, even years down the road. New Life Adoptions also hosts a yearly Birth Mother event in May to honor you and your adoption decision.